

## **Emotion Regulation Strategies Scale Scoring Procedure**

### **Children's Anger Management Scale (CAMS)**

Three Subscales:

- 1) Anger Inhibition (items 2, 5, 7, 11)
- 2) Anger Dysregulated-Expression (items 4, 6, 9)
- 3) Anger Regulation Coping (items 1, 3, 8, 10)

Add items for each subscale, separately. Inhibition score ranges 4-12, Dysregulated-Expression score ranges 3-9, and Regulation Coping score ranges 4-12.

### **Children's Worry Management Scale (CWMS)**

Three Subscales:

- 1) Inhibition (items 2R, 3, 6, 8)
- 2) Dysregulation (items 5, 7, 9)
- 3) Coping (items 1, 4, 10)

\*R Indicates an item that needs to be reverse-scored.

Add items for each subscale, separately. Inhibition score ranges 4-12, Dysregulated-Expression score ranges 3-9, and Regulation Coping score ranges 3-9.