**Deferment of Gratification Scale**

|  |
| --- |
| For the next set of statements, please think about whether you agree or disagree with the statement. For example, if the statement is extremely uncharacteristic of you, you may choose “Strongly Disagree.” On the other hand, if the statement is extremely characteristic of you, you may choose “Strongly Agree.” Use the options in the middle if you fall somewhere in between. Press the “OK” button after you have made your choice. Please raise your hand if you have any questions. Otherwise, press the Continue button now. |

Questions in order of how they will appear on the screen:

7-point scale:

(1) Strongly disagree

(2) Disagree

(3) Somewhat disagree

(4) Somewhat agree

(5) Agree

(6) Strongly agree

(7) Neither agree nor disagree

|  |
| --- |
| 1. I am good in saving my money instead of spending it at once. |
|  |  |  |  |  |  |  |  |  |  |
| 2. I enjoy something more when I have to wait for it and plan for it. |
|  |  |  |  |  |  |  |  |  |  |
| 3. When I was a child, I saved any pocket money that I had. |
|  |  |  |  |  |  |  |  |  |  |
| 4. When I am in the supermarket, I usually buy a lot of things that I had not planned to buy. |
|  |  |  |  |  |  |  |  |  |  |
| 5. I am constantly without money. |
|  |  |  |  |  |  |  |  |  |  |
| 6. I agree with the philosophy: "Eat, drink, and be happy, for tomorrow we may all be dead". |

|  |
| --- |
| 7. I would describe myself as often acting without thinking for my own good. |
|  |  |  |  |  |  |  |  |  |  |
| 8. I often think it is important to wait and think things over before deciding. |
|  |  |  |  |  |  |  |  |  |  |
| 9. I like spending my money immediately after I get it. |
|  |  |  |  |  |  |  |  |  |  |
| 10. It is hard for me to avoid losing my temper when someone gets me very angry. |
|  |  |  |  |  |  |  |  |  |  |
| 11. Most of the time, it is easy for me to be patient when I am kept waiting for things. |
|  |  |  |  |  |  |  |  |  |  |
| 12. I am good in planning things ahead. |