**Consideration of Future Consequences Scale**

Strathman, A., Gleicher, F., Boninger, D. S., & Edwards, C. S. (1994). The consideration of future consequences: Weighing immediate and distant outcomes of behavior. *Journal of personality and social psychology*, *66*(4), 742.

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| For each of the following statements, please think about whether or not the statement is characteristic of you. For example, if the statement is extremely uncharacteristic of you, you may choose “not at all like me.” On the other hand, if the statement is extremely characteristic of you, you may choose “very much like me.” Use the options in the middle if you fall somewhere in between. Press the “OK” button after you have made your choice. Please raise your hand if you have any questions. Otherwise, press the Continue button now. |

Questions in order of how they will appear on the screen:

7-point scale:

(1) Not at all like me

(2) Different from me

(3) Somewhat different from me

(4) Somewhat like me

(5) Like me

(6) Very much like me

(7) Neutral

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| 1. I think about how things would be in days to come, and try to influence those things in my daily behaviour. |
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| 2. I often involve myself in a specific behaviour to achieve results that may not come until many years later. |
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| 3. I only act to satisfy immediate needs, thinking the future will take care of itself. |
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| 4. My behavior is influenced by the immediate (i.e. between a few days or weeks) outcomes of my actions. |
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| 5. When I take action or make decisions, I am more likely to choose an option that involves little trouble or effort. |
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| 6. I am ready to sacrifice my current happiness or wellbeing in order to achieve future results. |
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| 7. I think it's important to take warnings on bad outcomes as a very weighted issue even if the bad outcome may not happen until many years later. |

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| 8. I think it is more important to work on something with important future consequences than on something with less important immediate consequences. |
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| 9. In general, I ignore warnings about problems that can possibly happen later because I think those problems will be solved before reaching a crisis level |
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| 10. I think that sacrificing now is not a must because later outcomes can be dealt with at a later time. |
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| 11. I only act to satisfy immediate concerns, figuring that I will take care of the future problems that may occur at later date. |
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| 12. Since my everyday work has specific outcomes, it is more important to me than behavior that has distant outcomes. |
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| 13. When I make a decision, I think about how it might affect me in the future. |
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| 14. My behavior is generally influenced by future consequences. |