**Behavior Rating Inventory of Executive Function – Adults**

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| For the next set of statements, please think about whether you have had a problem with any of these behaviors over the past month. For example, if the statement has never really been a problem over the past month, you may choose “Never a problem.” On the other hand, if the statement has always been a problem over the past month, you may choose “Always a problem.” Use the options in the middle if you fall somewhere in between. Press the “OK” button after you have made your choice. Please raise your hand if you have any questions. Otherwise, press the Continue button now. |

Questions in order of how they will appear on the screen:

7-point scale:

(1) Never a problem

(2) Rarely a problem (less than 10% of the time)

(3) Occasionally a problem (about 30% of the time)

(4) Sometimes a problem (about 50% of the time)

(5) Often a problem (about 70% of the time)

(6) Usually a problem (about 90% of the time)

(7) Always a problem

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| 1. I do not have problems completing my work. |

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| 2. I make careless mistakes when completing work. |
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| 3. I have trouble being attentive while working (such as household chores, reading or work) |
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| 4. I need to be reminded to start a task even when it’s my own will. |
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| 5. I get overwhelmed by large tasks. |
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| 6. I have trouble with jobs or tasks that have more than one step. |
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| 7. I have trouble getting ready for the day. |
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| 8. When I have many important things to do, I have trouble deciding which activity to start first. |
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| 9. I forget what i am doing in the middle of thing/activities. |
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| 10. I don't inspect my work for mistakes. |
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| 11. I lay around in the house a lot. |
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| 12. I start work (such as cooking, projects) without the right tools. |
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| 13. I fail to judge how difficult or easy work will be. |
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| 14. I have trouble starting anything on my own. |
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| 15. I have trouble staying on the same topic when talking. |
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| 16. I don't plan early for future activities. |
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| 17. I concentrate for a short time. |

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| 18. I have goals that are unachieveable. |
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| 19. I make mistakes carelessly. |
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| 20. I have difficulty being excited about things. |
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| 21. I forget instructions easily. |
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| 22. I have good ideas but cannot put my ideas into action. |
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| 23. I have trouble getting started on tasks. |
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| 24. I have trouble finishing tasks (such as chores, work). |
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| 25. I start things at the last minute (such as assignments, chores, tasks). |
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| 26. I have difficulty finishing a task on my own. |
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| 27. I have trouble remembering things, even for a few minutes (such as directions, phone numbers). |
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| 28. I have trouble coming up with ideas for what to do with my free time. |
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| 29. I don't plan early for tasks. |
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| 30. I have problems organizing activities. |
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| 31. I have trouble doing more than one thing at a time. |
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| 32. I have trouble organizing work. |
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| 33. I have problems completing my work. |

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| 34. I do not make careless mistakes when completing work. |