

Future Time Perspective Scale (FTP) Scoring Procedure

Online task version available.

FTP Scale: Items 1, 2, 3, 4, 5, 6, 7, 8R, 9R, 10R

*R Indicates an item that needs to be reverse-scored.

Obtain the participant's mean score of all 10 items. There are no defined cutoffs for interpreting FTP scores. Higher mean scores suggest a more expansive view of the future.