|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Very true for me** | **Somewhat true for me** | **Somewhat false for me** | **Very false for me** |
| **1.**  A person's family is the most important thing in life. | □ | □ | □ | □ |
| **2.**  Even if something bad is about to happen to me, I rarely experience fear or nervousness.  | □ | □ | □ | □ |
| **3.**  I go out of my way to get things I want. | □ | □ | □ | □ |
| **4.**  When I am doing well at something I love to keep at it. | □ | □ | □ | □ |
| **5.**  I am always willing to try something new if I think it will be fun. | □ | □ | □ | □ |
| **6.**  How I dress is important to me | □ | □ | □ | □ |
| **7.**  When I get something I want, I feel excited and energized. | □ | □ | □ | □ |
| **8.**  Criticism or scolding hurts me quite a bit. | □ | □ | □ | □ |
| **9.**  When I want something I usually go all-out to get it. | □ | □ | □ | □ |
| **10.**  I will often do things for no other reason than that they might be fun. | □ | □ | □ | □ |
| **11.**  It is hard for me to find the time to do things such as get a haircut. | □ | □ | □ | □ |
| **12.**  If I see a chance to get something I want I move on it right away. | □ | □ | □ | □ |
| **13.**  I feel pretty worried or upset when I think or know somebody is angry at me. | □ | □ | □ | □ |
| **14.**  When I see an opportunity for something I like I get excited right away. | □ | □ | □ | □ |
| **15.**  I often act on the spur of the moment. | □ | □ | □ | □ |
| **16.**  If I think something unpleasant is going to happen I usually get pretty 'worked up. | □ | □ | □ | □ |
| **17.**  I often wonder why people act the way they do. | □ | □ | □ | □ |
| **18.**  When good things happen to me, it affects me strongly. | □ | □ | □ | □ |
| **19.**  I feel worried when I think I have done poorly at something important. | □ | □ | □ | □ |
| **20.**  I crave excitement and new sensations. | □ | □ | □ | □ |
| **21.**  When I go after something I use a 'no holds barred' approach. | □ | □ | □ | □ |
| **22.**  I have very few fears compared to my friends. | □ | □ | □ | □ |
| **23.**  It would excite me to win a contest. | □ | □ | □ | □ |
| **24.**  I worry about making mistakes. | □ | □ | □ | □ |