

SO
BC

Science
Of
Behavior
Change

SRC-S

Select how often the following statements about you and your child are true:

	Always	Most of the time	About half of the time	Sometimes	Never
1. When I get into a conflict with my child, we go back and forth taking it up a notch until things get too heated and one of us gives up.	<input type="checkbox"/>				
2. When I get into a conflict with my child, it gets heated and one of us gives in or walks away just to make it stop.	<input type="checkbox"/>				
3. When I get into a conflict with my child, it seems like we up the intensity and unpleasantness until one of us gives up.	<input type="checkbox"/>				
4. When we disagree, it will escalate until one of us gives in just to make it stop.	<input type="checkbox"/>				
5. Disagreements tend to get more and more heated until one of us wins and the other gives in.	<input type="checkbox"/>				
6. When I ask my child to do something, s/he often gets out of it by yelling at me or hitting me.	<input type="checkbox"/>				
7. The only way to get my child to do what I want is to yell.	<input type="checkbox"/>				

Select the degree to which you agree or disagree with the following statements:

	Strongly agree	Somewhat agree	Neither agree nor disagree	Somewhat disagree	Strongly disagree
8. When my child and I disagree, s/he often expresses high levels of anger as a way of getting his/her way.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. When my child gets hostile or combative, I often give in to what s/he wants.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>