

SO | Science  
BC | Of  
Behavior  
Change

## Couple Self-Report Coercion Scale

**Select how often the following statements about you and your partner are true:**

	Always	Most of the time	About half of the time	Sometimes	Never
1. When I get into a conflict with my partner, we go back and forth taking it up a notch until things get too heated and one of us gives up.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. When I get into a conflict with my partner, it gets heated and one of us gives in or walks away just to make it stop.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. When I get into a conflict with my partner, it seems like we up the intensity and unpleasantness until one of us gives up.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. When we disagree, it will escalate until one of us gives in just to make it stop.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Disagreements tend to get more and more heated until one of us wins and the other gives in.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. When I ask my partner to do something, s/he often gets out of it by yelling at me or hitting me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. The only way to get my partner to do what I want is to yell.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**Select the degree to which you agree or disagree with the following statements:**

	Strongly agree	Somewhat agree	Neither agree nor disagree	Somewhat disagree	Strongly disagree
8. When my partner and I disagree, s/he often expresses high levels of anger as a way of getting his/her way.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. When my partner gets hostile or combative, I often give in to what s/he wants.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>