



**Science of Behavior Change Research Network
Steering Committee and External Scientific Panel Meeting
Bethesda North Marriott Hotel and Conference Center
January 10-11, 2018**

AGENDA

Revised December 13, 2017

Wednesday, January 10, 2018		White Oak A/B
8:30 a.m.	Continental Breakfast	
9:00	Welcome	Karina Davidson
9:15	UH3 Transition Application Process and Requirements Q&A	NIH Staff
10:15	Project Presentation: Everyday Stress Response Targets in the Science of Behavior Change	David Almeida
10:45	Network Discussion and Q&A	Joshua Smyth
11:00	BREAK	
11:15	Project Presentation: How Does Stress Affect Health Behaviors: Preferences, Beliefs, or Constraints	Johannes Haushofer
11:45	Network Discussion and Q&A	
12:00	Project Presentation: Applying Novel Technologies and Methods to Inform the Ontology of Self-regulation	Lisa Marsch
12:30	Network Discussion and Q&A	
12:45 p.m.	LUNCH	
1:45	Project Presentation: Mindfulness Influences on Self-regulation: Mental and Physical Health Implications	Eric Loucks Jean King
2:15	Network Discussion and Q&A	Willoughby Britton
2:30	Project Presentation: Engaging Self-regulation Targets to Understand the Mechanisms of Behavior Change and Improve Mood and Weight Outcomes	Jun Ma Leanne Williams
3:00	Network Discussion and Q&A	

3:15	EXTENDED BREAK To allow for UH2 PIs to meet with NIH Program Officials and Project Scientists about project-specific issues.	
3:45	Adherence Tools White Paper	Ian Kronish
4:15	SOBC Measures Repository	Karina Davidson Donald Edmondson
5:00	ADJOURN	
6:00	Group Dinner	Owen's Ordinary 11820 Trade Street N. Bethesda, MD 20852

Thursday, January 11, 2018

8:15 a.m.	Continental Breakfast	
8:45	Thursday Morning Kickoff	Donald Edmondson Karina Davidson
9:30	Project Presentation: Targeting Self-regulation to Promote Adherence and Health Behaviors in Children	Alison Miller
10:00	Network Discussion and Q&A	
10:15	Project Presentation: Delay Discounting as a Target for Self-regulation in Pre-diabetes	Len Epstein
10:45	Network Discussion and Q&A	
11:00	BREAK	
11:15	Project Presentation: Targeting Corrosive Couple Conflict and Parent-Child Coercion to Impact Health Behaviors and Regimen Adherence	Amy Slep Richard Heyman Danielle Mitnick
11:45	Network Discussion and Q&A	
12:00	ESP Q&A for SOBC Program and Research Network	White Oak A/B
12:30	LUNCH	
1:15	Concurrent Sessions - ESP and NIH Closed Session - RCC Office Hours for UH2 Teams	White Oak A/B Great Falls
3:15	ADJOURN	